



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Fall 2020 Newsletter

Theme of the year 2020/21
Breathing with the Climate Crisis
ecologically – socially – spiritually

“This path begins with the development of real interest in the other person, which is possible only if one’s attention is consistently directed towards the positive qualities of good that live within him. Only such an interest, which can be manifested through all twelve senses, can then lead to the arising of a truly all-embracing tolerance, which Rudolf Steiner characterizes for our time as ‘the way to the Christ through thinking.’ .. He designates the inner call, which resounds in the world for every spiritually open ear to forgive again and again – even in the smallest things – the human being who stands beside us, as one which issues directly from the Etheric Christ Himself: ‘And thus He speaks today to those who want to hear: “In whatever the least of our brethren thinks, you must recognize that I am thinking in him, and that my feeling is united with yours whenever you bring another’s thought into relation with your own, whenever you feel a fraternal interest for what is going on in the other person’s soul. Whatever opinion, whatever outlook on life you discover in the least of your brethren, therein you are seeking Myself.” So Christ speaks to our life of thought, He who wills to reveal Himself in a new way – the time for it is approaching – to the people of the twentieth century.

“We shall not find Him [the Christ] if we remain egoistically bound up with our own thoughts, but only if we relate our own thoughts to those of other people, if we expand our interest into an inner tolerance for everything human . . .”

Lecture of 11 February 1919 (GA 193); S. Prokoffief The Occult Significance of Forgiveness pp. 50-51

Calendar of Events Fall 2020

Michaelmas Festival

Saturday, October 3rd 7 – 8:30 pm on Zoom

As outwardly we experience the gifts of Meteoric iron from the heavens, what is our inner experience that relates to this gift? Donation: \$10; students & seniors \$5 payable through venom or paypal coming soon!

Join Zoom Meeting for ASinGB Michaelmas Festival:

<https://us02web.zoom.us/j/84128842278?pwd=Rmh6aWZ3NU00WmtsR0V0RW1FVStBQT09>

Meeting ID: 841 2884 2278

Passcode: 296248

One tap mobile

+13017158592,,84128842278#,,,,,0#,,296248# US (Germantown)

+13126266799,,84128842278#,,,,,0#,,296248# US (Chicago)

The ASA Annual Conference and AGM: Willing the Good: Love, Action, Healing

October 9, 10, 11 on line

Within the tumult and beauty of this moment, we humbly invite you to join us **October 9, 10, & 11** in our online community space for **Willing The Good: Love, Action, Healing**, the ASA annual conference. Speakers and workshop presenters include Thea Maria Carlson, Peter Selg, Harrie Salman, and more. Plus our first ever online art dispersal!

The committee invites you to work with The Culture of Selflessness by Peter Selg with special attention to "The Mystery of the Earth" by Ita Wegman, the Warmth Meditation and Bridge Meditation.

Please note that the Annual General Meeting (AGM) of the ASA will also be held online the same week
<https://secure.anthroposophy.org/np/clients/anthroposophy/event.jsp?forwardedFromSecureDomain=1&event=196>



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Fall 2020 Newsletter

Study of the Twelve Senses as a window on balance and health in the developing human being with Eurythmist Leonore Russell

Friday, October 23rd 7:30 – 9 pm

Although we commonly acknowledge that we have five senses through which we interact with the world and our consciousness, Rudolf Steiner developed a constellation of twelve senses and presented them in a framework that gives us endless opportunities for creative thinking about the mysteries of the human being. We will address the overview of these twelve senses and also give examples of how we can develop, not only a knowledge of them, but employ them in supporting healthy development of the growing human being. There will be time for questions and discussion.

Leonore Russell completed her Eurythmy training in Dornach in 1974. She has over thirty years' experience in Waldorf education teaching, performing arts (eurythmy) literature and literacy, as well as serving as an administrator. She works as a consultant to schools and organizations using the arts as a catalyst for development. She has fifteen years as adjunct professor to Adelphi University and Antioch New England Graduate School. She facilitates workshops for school communities and non-profit groups, specializing in the arts and organizational development. She is the Founder of Arts Unlimited/ Educational Consulting, Program Coordinator and Instructor of Foundation Studies (Adult Ed. CFA) at the Winkler Center for Adult Learning, at the Waldorf School of Garden City; Faculty, High School Teacher Training, Center for Anthroposophy, Wilton, NH; Renewal Faculty at the summer CFA Program; Adjunct Faculty at Adelphi University, Antioch New England Graduate School, Tara High School for the Performing Arts, and The Waldorf School of Garden City.

Donation: \$10; students & seniors \$5 payable through venom or paypal coming soon!

Join Zoom meeting for Study of the Twelve Senses as a window on balance and health in the developing human being:

<https://us02web.zoom.us/j/83704188207?pwd=SEwvcjAxRkFXenRzVmZIT0JtT3hHZz09>

Meeting ID: 837 0418 8207

Passcode: 072621

One tap mobile

+13017158592,,83704188207#,,,,,0#,,072621# US (Germantown)

+13126266799,,83704188207#,,,,,0#,,072621# US (Chicago)

Speech Formation highlighting the Foundation Stone Meditation with Debbie Spitulnik

Saturday, December 12th 2 – 4 pm on Zoom

Debra Spitulnik was a class teacher at Washington Waldorf School for twenty-one years and received her Goetheanum diploma as a speech artist from Performinternational in 2016. She now combines these two loves, bringing creative speech to the children and faculty of WWS; her unique perspective from her years as a class teacher enlivens plays, poetry, and story in grades 1-12. Debbie is also an adjunct instructor teaching speech, drama, storytelling, and curriculum to graduate students at Antioch University New England and the Center for Anthroposophy.

Donation: \$10; students & seniors \$5 payable through venom or paypal coming soon!

Recurring Events

Friday Evenings at the Front Range Anthroposophical Café:

<https://fronrangeanthrocafe.org>

Our mission at Front Range Anthroposophical Cafe (FRAC) is to provide an online venue for meaningful and inspired conversation in the light of anthroposophy.

FRAC History: Front Range Anthroposophical Cafe emerged from an impulse for greater connection and conversation within the anthroposophical community during the 2020 Covid-19 pandemic. The cafe's co-founders are Karen van Vuuren (natural death care educator and holistic funeral home owner), Jamie York (Waldorf math missionary) and Tom Altgelt (landscape architect and anthroposophical educator).



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Fall 2020 Newsletter

The First Class of the School of Spiritual Science:

Only for members of the First Class (All member of ASinGB are invited to consider joining)

Held monthly on most 2nd Saturdays, September - May. A conversation begins at 9 am. The lesson starts at 9:45 am generally. Details sent directly to 1st Class Members.

For information concerning membership in the First Class, please contact Vanya Yoors (yoors@mac.com).

Contact Vanya about Class lessons in Ipswich, MA.

Area Study Groups – Fall 2020

Study Groups provide a community-life-filled friendly environment

in which to work with others to gain insights into Spiritual Science and to awaken to one another.

- **Newton. The Rudolf Steiner Group of Waban** meets at the home of the Ingham's, 14 Lorraine Circle, Waban, the first and third Thursday of each month beginning September 17, 2020. The group will be starting a new study. Suggestions are welcome. The evening starts at 7:00 pm with a social time followed by reading and discussion. For more information, please call Joanna or Kenneth Ingham at 617-969-0388.

- **Concord Study Group** resumes continued study of text of Rudolf Steiner, September 15, 2020, first and third Tuesday of each month, 7:00-9:00 pm. Text will be determined before initial gathering. Michael Marlow, ymimarlow@gmail.com

- **The Riddles of Philosophy GA 018** meets Friday 7:15 - 8:30 am. Email Barbara Martin, barbmartin@gmail.com, for information and Zoom link

- **Amesbury Study Group** meets Wednesday 9:45 to 11 am. Currently studying R. Steiner's According to Matthew: The Gospel of Christ's Humanity. Contact: Pamela Fenner 978-388-1450

Anthroposophical and Christology Study Groups via Zoom:

International study groups fostering understanding and inner development;

facilitated by Diane McGary mcgary.family@comcast.net

- **Fall of the Spirits of Darkness GA 177:** 3rd Tuesday Morning 7:30 - 9 am Eastern time starting October 20th

- **Anthroposophical/Christian Community Ladies:** 3rd Saturday of the month at 10 am Eastern time; currently reading Theosophy of the Rosicrucian GA 99

- **Karmic Relationships:** 4th Saturday 8 - 10 am *Mountain time*; reading chronologically

- **Astrosophy:** pending – to support each other through Astrosophy.com's online course; time & day to be determined by participants; anticipated to start in winter.

MysTech Study Groups via Zoom:

Intensive introduction to Steiner's works regarding technology and human evolution;

facilitated by Andrew Linnell (and others): jandrewlinnell@yahoo.com

- **Beginners** Tuesday Evenings 8:30 – 9:45 pm ET. Starts September 15th

- **Intermediates** (for graduates of the Beginners study group) Monday Evenings 8:30 – 9:45 pm ET. Starts September 14th

Eurythmy online!

Some of us have enjoyed the various online classes – perhaps you will too!

<https://www.eurythmy4you-en.com/home-en>

<https://www.cynthiahoven.com>

Eurythmy Exercises with Brigida Baldszun - <https://www.youtube.com/watch?v=neSxmKFYXUU>



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Fall 2020 Newsletter

EVENTS SPONSORED BY THE ANTHROPOSOPHICAL SOCIETY OF CAPE ANN

- **Cape Ann Study Group:** We will meet every other Monday in the Meeting Hall of the House of Peace, 1 High St., Ipswich MA from 7:30-9:00pm. *The first gathering will be on October 5, 2020* and all are welcome. This year we will work with various lectures of Rudolf Steiner, rather than an entire book. Please contact Carrie and John Schuchardt for further information. (thehouseofpeace@yahoo.com)
- **Michaelmas Festival:** All are welcome to a gathering on *Tuesday night, Sept. 29*, at the House of Peace. We will read the Michael Imagination and share music and reflections. (contact Kristin Lewis to learn more: kristinvanessa@gmail.com)
- **Festival of All Souls:** *Sunday night, Nov. 8, 2020*. This annual event will be held this year at the First Church, Meetinghouse Green, Ipswich (a very short walk from the House of Peace). Please contact us for updated information as the planning unfolds. (thehouseofpeace@yahoo.com)
- **Eurythmy Classes:** *Resuming November, 2020* Kathe Johnson, curative eurythmist from Rockport, MA, will continue her weekly sessions at the House of Peace. More information will soon be available. (Contact Kathe after Oct. 20 at 315-406-6247)

Anthroposophical Society in Greater Boston

Annual General Meeting Minutes (held via Zoom) - June 20, 2020

Present: Ken Ingham, Joanna Ingham, Andrew Linnell, Barbara Martin, Diane McGary, Julia St. Goar, Cynde Reilly, Lance Brisbois, Pam Fenner

Our meeting began with a reading of the Verse for America.

Andrew reviewed the events of the ASinGB July 2019 through June, 2020.

Study Groups were reviewed by their representatives.

Cynde gave the Treasurer's Report.

Beginning year balance of \$2473; 6/19/20 balance was \$3202.

Through consensus, the following expenditures were agreed upon:

\$100 to reimburse Andrew Linnell for website expenses.

\$250 in support to Waldorf School of Lexington, given the extraordinary challenges this year has brought.

\$100 to Waldorf High School of Massachusetts Bay.

Balance following these expenditures is now \$2752

Cynde reported that the Fellowship Community in Chestnut Ridge suffered loss of one building due to a fire. Consensus was to encourage individual support of their fund raising efforts according to the free will and ability of members and friends, rather than directly through ASinGB.

Officers elected: Andrew Linnell continues as President; Cynde Reilly continues as Treasurer and Barbara Martin as Secretary. Appreciation for their leadership and steadfastness was expressed.

We are in need of a VP. A request was immediately extended to ASinGB 1st Class members for those who might consider that position or any other ways of helping. All members of the ASinGB, whether in 1st Class or not, are encouraged to consider how they might engage more in the leadership of our organization.

There was a request to break down the roles of President and VP into smaller more defined parts, perhaps having more than one VP. From this, Diane McGary took up doing the Newsletter and joined the Festivals Committee.

Andrew asked for someone to help with the website. Diane will talk to her husband, a software engineer, about this. Others will be encouraged to participate in manners befitting their time and abilities.

Andrew mentioned that 2023 is the 100th Anniversary of the Christmas Foundation Stone!

Summer events in Harlemville and Spring Valley were mentioned. An initiative to create a national calendar of events was mentioned.

Did you know the only prerequisite for membership in The Anthroposophical Society in Greater Boston, Inc. is membership in the Anthroposophical Society in America. Then you just notify the secretary and ask to be placed on our mailing list. O, wait! You're already getting our newsletter! That's great! Please consider officially joining both organizations if you haven't already. We welcome your membership. Your dues pay for our presenters, activity spaces, and website. See Treasurer's Note below -



THE ANTHROPOSOPHICAL SOCIETY IN GREATER BOSTON
Fall 2020 Newsletter

Treasurer's Note: Give what you feel is right to support the work in Greater Boston. *Our contribution guideline continues to be \$30 per individual or \$50 per family.* If this donation size is not possible, any gift would be welcomed. If you have no access to email and would like to receive paper notices, please let us know with a note sent to our treasurer, Cynde Reilly, 87 Stony Brook Rd., Westford, MA 01886. Make your check payable to The Anthroposophical Society In Greater Boston or ASinGB. You may also contribute via our web site at www.anthroposophyboson.org.

2019 Annual Report of the Anthroposophical society in America is available here:
<http://anthroposophy.org/annualreport>

* * * * *

Rudolf Steiner Fellowship Foundation, Chestnut Ridge is raising funds to rebuild Pine Lodge, which is a residential building lost to a fire earlier this year. Their goal is to raise \$300,000 to make up for the difference between what insurance will provide and actual costs. As of August 18, they have raised \$163,442. If you should feel a connection to Fellowship Community and would like to support their efforts, here is a link to their fundraising page: <https://www.fellowshipcommunity.org/donate>

Cape Ann and Wilton offer events of interest, many of which events may be posted at our website:
<https://www.anthroposophyboson.org/events/>

What's Happening at the Anthroposophical Society of America? Go here to find out:
https://calendar.google.com/calendar/embed?src=rschicago.org_d06k6c73cc2r0tuijro4315cjs%40group.calendar.google.com&ctz=America%2FChicago

What's Happening at the Goetheanum? The General Anthroposophical Society has a website and sends news and events to subscribers? For example, see <https://www.goetheanum.org/en/events/event-calendar/>. One can find general news at <https://goetheanum.co/en/society#news>. Register for their emailings.

New Release from Michaelmas Press: Pamela Johnson Fenner announces the publication of the new, completely revised 2nd edition of *Waldorf Education: A Family Guide* © 2020 with all new illustrations and new essays written by Waldorf teachers, administrators, and parents from around the world. Foreword by Robert Schiappacasse, formerly of the Waldorf School of Lexington.

With a global focus from Pre-K to Grade 1, this collection also provides practical help for child rearing, parenting and family care through the wisdom of many Waldorf teachers and professionals. ORDER at michaelmaspress.com. Call for volume discounts: 987-388-7066

Members of The Events Committee and Officers

Andrew Linnell, President; Still Needed, Vice President; Barbara Martin, Secretary; Cynde Reilly, Treasurer; Ken Ingham, Clerk; Diane McGary, Newsletter; Cynde Reilly, Lisa McManus, Diane McGary - Festival Committee; Joanna & Ken Ingham, Geneva Tricia Cooper, Diane McGary, Lisa McManus and officers - Events Committee