*“Destiny is not a matter of chance,*

*it is a matter of choice.*

*It is not a thing to be waited for,*

*it is a thing to be achieved.”*

*William Jennings Bryan*

**Calendar of Events Winter Thaw 2021**

*Please note a small donation is requested for Events.*

*These monies defray the costs of some of our presenters. Festivals are free.*

***Presentation and discussion of the Seven Soul Types, as indicated by Rudolf Steiner***

Friday, February 19th 7 - 8:30 pm on zoom

Jennifer Goodman, M.Ed. has done extensive research on the Seven Soul Types. She is an anthroposophically trained counselor, offering child, teen, and adult counseling, workshops, and parent coaching. She is a certified Waldorf Collaborative Counselor, Simplicity Parenting Coach, and Social Inclusion Coach. She received her Master’s in the Waldorf Experienced Educators program at Antioch University.

Imprinted in us on our spiritual journey to this lifetime, the soul types are often overlooked in favor of the temperaments to describe character and personality. While the latter is expressed in the etheric body and is more fixed, the soul types work through the astral body, with potential for development throughout our lives. This is a powerful model for working effectively with different styles and developing new ways of approaching situations that balance and support us. Through this model, we can come to understanding ourselves better and how we affect those in our lives. This is a practical look at questions such as: How does your individual way of being in the world fit in with others? What capacities serve you best as you create what you want in your life?

Donation: $10; students & seniors $5 payable through paypal. Go to https://anthroposophyboston.org/ and use the donation button.

Register by emailing [newsletter@anthroposophyboston.org](mailto:newsletter@anthroposophyboston.org) by Monday, February 15th. You will receive a confirmation email immediately, and then an email with the zoom link two days before the ASinGB Activity.

***Anthroposophical Medicine Round Table***

Friday, March 5th 7 - 8:30 pm on zoom

Four New England Anthroposophical Physicians take up the questions: What is the meaning of illness? What is important in medicine? What is medicine? What is healing? What is Anthroposophical Medicine? Why would you seek an anthroposophical physician?  What is the patient/doctor partnership?

*Dr. Einstein* is an Anthroposophic/family medicine doctor practicing in Freeport and Rockport, Maine.  After a first career in industrial energy efficiency Dr Einstein began his journey in medicine as a volunteer in several free clinics.  As he got more involved in medicine he found himself drawn to both conventional and holistic forms of medicine.  He trained as an herbalist at the Blue Otter School and then went on to medical school at Case Western in Cleveland, Ohio.  He met his wife there, and both of them came back to New England for residency training at Maine-Dartmouth in Augusta. He completed residency in 2011 and is now board certified in Family Medicine, Integrative Medicine, and Anthroposophic medicine. Dr. Einstein’s website is <http://holistic-einstein.com>

*Dr. Kelly Sutton* received her Medical Degree from the University of Missouri School of Medicine and pursued training in internal medicine and pediatrics. She received certification by the American Board of Internal Medicine, and by the board of Anthroposophic Medicine. She has practiced anthroposophic and integrative medicine for over 40 years, and studied botanical oncology with Donnie Yance. She provides preventive medicine for all ages, and consults with families to provide natural treatment options for acute and chronic illness including cancer as a way to prevent future chronic illness.  Dr. Sutton's website is [www.raphaelmedicine.com](http://www.raphaelmedicine.com/" \t "_blank)

*Dr. Suetta Tenney* is an Internal Medicine Specialist in Camden, Maine. She graduated with honors from Tufts University School Of Medicine in 1982. Having more than 39 years of diverse experiences, especially in Internal Medicine, Dr. Suetta Tenney affiliates with Lawrence General Hospital, cooperates with many other doctors and specialists in many medical groups including Genesis Eldercare Physician Services LLC, Gps Physician Group, Pc.

*Dr. Christine Young* is board certified in Internal Medicine and works as a primary care physician at Kronos Health in Lawrence, MA.  She did her residency training at Tufts New England Medical Center and an additional year of fellowship training in cardiology at Dartmouth Hitchcock Medical Center.  She has participated in the training program for Anthroposophic Medicine.  She is interested in how complementary therapies including medicinal plants, homeopathic preparations, and supportive therapies can create and augment opportunities for healing.  Dr. Young’s website is https://www.kronoshealth.com

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Register by emailing [newsletter@anthroposophyboston.org](mailto:newsletter@anthroposophyboston.org) by Monday, March 1st. You will receive a confirmation email immediately, and then an email with the zoom link two days before the ASinGB Activity.

***Easter Festival – Spirit Triumphant***

Saturday, April 10th 4 – 5:30 pm on Zoom

ASinGB Festivals Committee warmly invites you to join us for our Easter festival. As the sun's rays awaken us from our wintry slumber, our deep inner ponderings can now bring forth a more clear and bright experience of the resurrection of the Spirit. Though the Mystery of Golgotha remains ineffable, we hope that together we may strive towards embodying the "Spirit Triumphant" in our daily lives. We encourage you to read the lecture by Steiner, "Spirit Triumphant" in preparation for the festival, which will include an opportunity for sharing. This lecture can be found at this link: https://wn.rsarchive.org/Lectures/Dates/19210327p01.html

Register by emailing [newsletter@anthroposophyboston.org](mailto:newsletter@anthroposophyboston.org) by Monday, April 5th. You will receive a confirmation email immediately, and then an email with the zoom link two days before the ASinGB Activity.

***Spiritual schooling with Laszlo Böszörmenyi***

Saturday, May 15th 8:30 am – 4:30 pm on zoom (Presentation and 3 Practice Sessions)

We are in the age of freedom and love. They are, however, only potentialities and we realize them usually only to a very limited extent. Everyday life is rather exercising the opposite of freedom and love. People with a modern consciousness are not able to realize these great ideals without an intensive spiritual practice - ideally on a daily basis. Based on the works of Rudolf Steiner and Georg Kühlewind we begin with very elementary concentration exercises and go further to meditation.

Laszlo Böszörmenyi has been working on exercises of the meditation path for more than forty years. He has been a friend and scholar of Georg Kühlewind for almost thirty years. He lives in Klagenfurt, Austria. He regularly gives talks and seminars on inner schooling and fairy tales, and for Waldorf Kindergarten teachers. He has published several short papers and recently a book on these topics (mainly in German). He worked 45 years as a researcher in computer science, the last 25 years of his career at the Klagenfurt University, as a computer science professor. Since he retirned in 2017, he devotes himself entirely to spiritual work.

Register by emailing [newsletter@anthroposophyboston.org](mailto:newsletter@anthroposophyboston.org) by Monday, May 10th. You will receive a confirmation email immediately, and then an email with the zoom link two days before the ASinGB Activity.

Donation: TBD; students & seniors TBD payable through paypal. Go to https://anthroposophyboston.org/ and use the donation button.

***Upcoming Events***

*Save the dates*

***Annual General Meeting of Anthroposophical Society in Greater Boston***

Saturday, June 12th, probably 3-5 pm

***St. John's Festival***

The weekend of June 19th More information to follow

***Summer Intermediate-level Form Drawing Workshop online – with Laura Embrey***

Saturdays, July 10th, 24th and August 7th 10:30 am – noon on zoom

Only for those who have worked for awhile with her and her forms. Must attend 1st, 1st & 2nd or 1st – 3rd workshops. $25/Saturday ($75 total) Go to https://anthroposophyboston.org/ and use the donation button.

Register by emailing [newsletter@anthroposophyboston.org](mailto:newsletter@anthroposophyboston.org) by July 5th. You must also pay when you register.You will receive a confirmation email immediately, and then an email with the zoom link two days before the ASinGB Activity.

***COVID as Metaphor: Balancing Me the Individual and Me the Community Member***

***(Wisdom from our Physicians)***

Friday, September 17th 7 – 8:30 pm

***National AGM & Conference –***

October 7-10.

***Michaelmas Festival***

October

***David Tresemer***

TBD November

***Speech Formation highlighting the Foundation Stone Meditation*** *with Debbie Spitulnik*

TBD December

***Rosicrucianism and the Foundation Stone Meditation*** with Margaret Shipman

Postponed until May 2022

***Recurring Events***

***The First Class of the School of Spiritual Science:***

Only for members of the First Class(All member of ASinGB are invited to consider joining)

Held monthly on most 2nd Saturdays, September - May. A conversation begins at 9 am. The lesson starts at 9:45 am. Details sent directly to 1st Class Members.

For information concerning membership in the First Class or First Class Lessons in Ipswich, please contact Vanya Yoors ([yoors@mac.com](mailto:yoors@mac.com)).

***Area Study Groups – Winter Thaw 2021***

*Study Groups provide a community-life-filled friendly environment*

*in which to work with others to gain insights into Spiritual Science and*

*to awaken to one another.*

- **Newton. The Rudolf Steiner Group of Waban** meets currently via zoom the first and third Thursday of each month. The group will be starting a new study topic in March.  Those who wish to join the group for the first time have an opportunity to offer suggestions.  The evening starts at 7:00 pm with a social time followed by reading and discussion. For more information, please call Joanna or Kenneth Ingham at 617-969-0388.

- **The Riddles of Philosophy GA 018** meets Friday 7:15 - 8:30 pm. Email Barbara Martin, [barbmartin@gmail.com](mailto:barbmartin@gmail.com), for information and Zoom link

- **Amesbury Study Group** meets Wednesday 9:45 to 11 am. Currently studying R. Steiner’s According to Matthew: The Gospel of Christ’s Humanity. Contact: Pamela Fenner 978-388- 1450

- **MysTech**on Zoomwith Andrew Linnell(Beginners, Intermediates, and more).

Register: [https://mystech.org/](https://mystech.org/" \t "_blank)

***Anthroposophical and Christology Study Groups via Zoom:***

*International study groups fostering understanding and inner development*

facilitated by Diane McGary [mcgary.family@comcast.net](mailto:mcgary.family@comcast.net)

*-* **Astrosophy:** 2nd Sunday 2 – 4 pm Eastern time; starting February 14th.

- **Fall of the Spirits of Darkness** GA 177: 3rd Tuesday Morning 7:30 - 9 am Eastern time

- **Karmic Relationships**: 4th Saturday 8 - 10 am *Mountain time*; reading chronologically

***EVENTS SPONSORED BY THE ANTHROPOSOPHICAL SOCIETY OF CAPE ANN***

- **Cape Ann Study Group:** We will meet every other Monday in the Meeting Hall of the House of Peace, 1 High St., Ipswich MA from 7:30-9:00pm. All are welcome.

This year we will work with various lectures of Rudolf Steiner, rather than an entire book. Please contact Carrie and John Schuchardt for further information. ([thehouseofpeace@yahoo.com](mailto:thehouseofpeace@yahoo.com" \t "_blank))

- **Eurythmy Classes:** Kathe Johnson, curative eurythmist from Rockport, MA, will continue her weekly sessions at the House of Peace. Contact Kathe at 315-406-6247

**Cape Ann and Wilton** offer events of interest, many of which events may be posted at our website: <https://www.anthroposophyboston.org/events/>

**New Release from Steiner Books:** Harmony, the Heartbeat of Creation by Monique Pommier is a journey to the formative mysteries of the universe. Starting from the compelling hints at a universal order presented by recurrent numbers and geometries in nature and cosmos, the author penetrates into the cosmological processes that result in the physical forms we see and the forms of consciousness we are. Harmonies, we discover, play out these forms, and the laws of harmony reveal the fundamental triune dynamics of all living systems. Spelled out in ancient wisdoms, whispered in quantum physics, the secrets of cosmology are the secrets of harmony. What pantheons worldwide worship as gods are tones and harmonies of the love-essence of the world being. Author Monique Pommier, PhDE, is a psychospiritual counselor, astrologer and independent researcher in private practice in Boston. Her previous works include The Twelvefold Archetype of the Soul: Insights into the Cosmic Ground of Philosophical Imagination (2009). To order: [Amazon.com](http://amazon.com/" \t "_blank) (paperback and kindle version) or [steinerbooks.org](http://steinerbooks.org/" \t "_blank) ([http://shop.steinerbooks.org/Title/9781584209256](http://shop.steinerbooks.org/Title/9781584209256" \t "_blank))

**Treasurer’s Note:** *Our contribution guideline continues to be $30 per individual or $50 per family.* If this donation size is not possible, any gift would be welcomed. If you have no access to email and would like to receive paper notices, please let us know with a note sent to our treasurer, Cynde Reilly, ([asgbtreasurer@gmail.com](mailto:asgbtreasurer@gmail.com)), 87 Stony Brook Rd., Westford, MA 01886. Make your check payable to The Anthroposophical Society In Greater Boston or ASinGB. Or go to [https://anthroposophyboston.org/](https://anthroposophyboston.org/" \t "_blank) and click on any of the donate buttons.

*Membership in the Anthroposophical Society in America is a prerequisite to membership in the Anthroposophical Society in Greater Boston, Inc. We welcome your membership. Your dues pay for our presenters, activity spaces, and website. Please take advantage of both groups.*

**Officers and Committees**

*Andrew Linnell - President; Still Needed - Vice President; Barbara Martin - Secretary; Cynde Reilly - Treasurer; Diane McGary - Newsletter; Planning Committee - Andrew Linnell (Chair), Ken and Joanna Ingham, Geneva Cooper and officers; Events Committee - Diane McGary (Chair), Lance Brisbois and officers; Festival Committee - Cynde Reilly (Chair), Diane Friedman, Jennifer Goodman, Mariejta Halbertsma, Lisa McManus, Diane McGary and officers*

*[https://anthroposophyboston.org/](https://anthroposophyboston.org/" \t "_blank)*

*Newsletter submissions & activity registrations should be sent to: newsletter@anthroposophyboston.org*